

# About RUPI

RUPI was formed to further the reach of the Right Use of Power™ mission.

Learn how to use your power wisely and well.

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## Right Use of Power Institute (RUPI)

### Description:

The Right Use of Power Institute (RUPI) is a global force, guiding people to utilize their power with awareness, wisdom, compassion and skill. Founded in 2011, RUPI is a 501(c)(3) non-profit organization.

### Stakeholder(s):

#### Right Use of Power™ Teacher's Guild :

*We serve the general public, professionals, and members of the Right Use of Power™ Teacher's Guild.*

#### The General Public

#### Professionals

#### RUPI Leadership Team

##### Dr. Cedar Barstow :

*Founder & Co-Executive Director ~ Cedar is a consultant and teacher on ethics and ethical issues. She has been designing, developing, and teaching this approach since 1994. Cedar's background includes 30 years as a psychotherapist and 25 years as a teacher. She is the author of books and articles on ethics, counseling with elders, women and independence, and psychotherapy and spirituality. Cedar is also a Hakomi Experiential Psychology Trainer and a member of the Naropa University Adjunct Faculty. She maintains a private psychotherapy and ethics consulting practice in Boulder/Denver and teaches both Right Use of Power™ and Hakomi nationally and internationally.*

*The Right Use of Power™ educational materials and exercises were developed by Cedar over a period of 20 years and dozens of trainings. These teachings have been influenced by many sources in Cedar's background. She is particularly grateful for her extensive experiences as an administrator, therapist, and trainer of the the Hakomi Method of Experiential Psychotherapy, chair of both the Hakomi Institute International Ethics Committee (HIEC) and the United States Association of Body Psychotherapy (USABP) Ethics Committee, ethics expert contributor to GoodTherapy.org, consultant to numerous organizations, and ceremonialist with the Earth Song Ceremonial Dance Community.*

*Learn more about Cedar's additional contributions to the world on her website, [www.CedarBarstow.com](http://www.CedarBarstow.com).*

##### Karina Scott :

*Program & Training Director ~ Before anything else, Karina is a mom. She has two wonderful children that bring her light and life and who constantly challenge and remind her of how important changing the world for the better is. She received her Bachelor's degree in Early Childhood Education from Naropa University and has spent most of her adult life working with families and children in a balance of power and love.*

*Karina was first introduced to the concepts of the Right use of Power while working at Naropa. Taking some introductory*

*trainings, she felt her mind and beliefs grow and shift as a result.*

*It is her hope that while at RUPI she can help support and grow the reach of Right Use of Power. Her passion is in building and creating community. She loves supporting people and is excited to support not only teachers but all of the RUP community.*

##### Dr. Amanda Aguilera :

*Co-Executive Director ~ Dr. Amanda Aguilera is a consultant, teacher and strategist in the area of power-and-equity consciousness and conflict resolution. Driven by her core values of curiosity, courage, and connection, Amanda is adept at putting things together in new ways, creating visuals that help make learning more accessible, and communicating complex ideas in simple ways. Amanda has a commitment to be courageous in the service of reducing and repairing harm in relationship and promoting the cultural shift toward power-and-equity consciousness, conflict positivity and conflict competency.*

*At the core of her academic and personal passion is the advancement in understanding social power dynamics and deepening the personal and collective uses of power in the world with wisdom and compassion. Her doctoral dissertation focused on the dynamics of shame and power in the justice system and she continues to develop theoretical models in the intrapersonal and interpersonal experiences of power dynamics, including the integration of neurobiology, contemplative practices and restorative practices as they relate to power differentials.*

*Amanda is also a single mother of her daughter, Emma and, when she can, she practices ninjutsu, meditation, yoga, and dance.*

#### RUPI Board of Directors

##### Sari Ajanko :

*Sari Ajanko is deeply honored to join the board and is committed to assist and support advancing "The Right Use of Power" across the spectrum of professionals.*

*Sari's professional career is rooted in hospitality management. Twelve years as a leader in the language service sector was an integral step for Sari in learning how to thrive in client-focused consulting services. Since 2008 Sari has worked in professional coaching and training services. In 2013 she became the founder and CEO of Diversitas Oy (Ltd). Her company and client offerings are the vessel of fusing her passions, leadership development, professional coaching and personality models*

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*Stakeholders (continued)*

and maps. Sari's mission has been to take the D & I discussions to the next level including the less visible aspects of diversity that we all share. Sari's book on "Leading multiplicity – Leader's self-awareness as it's core" (in Finnish) was published in 2016.

Sari is a Professional Certified Coach (PCC) certified by ICF (International Coaching Federation), Certified Business Coach Master, and Trainer/Mentor of Coaching & Leadership skills. Sari also holds certifications as a WholeBody Focusing Trainer and as an Enneagram Teacher in the Narrative Tradition. Sari is always looking for new concepts and modalities to make her training and coaching more impactful. Sari is excited about the potential of somatic therapies, currently progressing through certification with Hakomi Mallorca.

Sari lives in Helsinki beside the Baltic Sea with her Canadian husband, Jim Grant, who is also a RUPI teacher, and their "power pawsitive" Office Manager Reiki (Shih Tzu).

**Jeff Couillard :**

Jeff Couillard holds an M.A. in Environmental Management from Royal Roads University and is the founder and chief facilitator at Attainability Group, a small consulting firm dedicated to building incredible teams of professionals in organizations big and small in a wide range of sectors.

Attainability Group focuses on bringing Right Use of Power™ principles into organizations to improve employee engagement, develop leadership capacity, and achieve better client outcomes. From team development to conflict resolution, leading multi-disciplinary teams of professionals tackling the complex issues of addiction and mental health, to sharing stories on the TEDx stage, Jeff is focused on creating highly functional individuals, teams, and communities.

**Amy Emery :**

Amy Emery is the co-founder of Integration Collective, which seeks to infuse and empower the transformative psychedelics space and corporate cultures with online coursework informed by Right Use of Power teachings. Amy is honored to be offering her insights as a Right Use of Power teacher to help leaders, employees, practitioners and participants alike to own their power and create the world they wish to see – with strength and heart.

Amy is the Chief Ideas Officer at Niche Solutions Group and delights in providing full-service training and education services to a diverse group of clients. Amy excels at elevating learning experiences into lasting success via customized online learning management system development, instructional design, and tight partnerships to drive success for clients.

**Farzin Farzad :**

Farzin Farzad is an Organizational Justice practitioner with experience in higher education, trade associations, local government, and the private sector. Holding two master's degrees in international affairs and diplomacy as well as a certificate in conflict resolution skills, Farzin leverages his unique academic background, extensive travel experience, and experiential knowledge to provide comprehensive, thought-provoking local and global approaches to his work. In addition to training and education programs, Farzin is a seasoned project manager with expertise in developing strategies that build equitable workplace environments and government services, as well as build internal capacity.

Farzin is the founder of Critical Equity Consulting, LLC, a boutique Organizational Justice consulting firm focused on helping organizations rebuild with a primary focus on creating equitable outcomes and seeking justice.

**Dr. Rob Miller :**

Rob Miller, Ph.D. is currently a consultant in the field of biotechnology, R&D, nutrition and Medical Foods. He is currently a Senior Advisor to the venture development company, Portal Innovations, located in Chicago, IL.

Rob was previously the CSO for the microbiome startup Kaleido Biosciences located in Boston and became the President and CSO of their Nutrition Division. He is a member of the Investors Advisory Committee for Venture Investors based in Madison, WI and continues to work with start-ups in the Boston area.

Rob had a successful 30-year career at Abbott Nutrition where he was ultimately responsible for global pediatric, adult, and performance nutrition product development, new ventures, medical affairs, clinical and preclinical research as the Divisional Vice President of R&D, Scientific and Medical Affairs at Abbott Nutrition. He was part of the Executive team managing the \$7 billion global nutrition business. He was an architect of the global expansion of Abbott Nutrition, establishing R&D Centers at UIUC, Granada, Spain, Singapore, Shanghai, China and Bangalore, India. Dr. Miller was co-chair of the Abbott Scientific Governing Board from 2013-2016, overseeing the Volwiler Society, talent development and program efforts of Abbott's 2,500 scientists for all Abbott Laboratories divisions.

Rob is married to the artist Anita Miller and they have 3 grown children and 2 grandsons. He holds a Ph.D. in Nutritional Biochemistry from the University of Wisconsin-Madison, and completed a Staff fellowship at the National Institute of Health.

**Tejumo Ogouma :**

Tejumo Ogouma worked in the area of international development for 15 years, and managed projects focused on health, education, and food security. During his tenure, he worked in war zones, including Afghanistan and Mali.

Tejumo is an accomplished meditator, conflict resolution practitioner, facilitator, and coach with a keen interest in Non-Violent Communication. He has mentored and coached people from all walks of life and different cultures. He is currently being trained as a coach through the Co-active Training Institute. Tejumo believes in fostering awareness, empathy, and communication in order to bring about a more peaceful and progressive world.

Tejumo is also a practicing artist trained in Ikebana (Japanese flower arranging) and Miksang (contemplative photography).

**Dr. Reynold Ruslan Feldman :**

Ren Feldman holds a Ph.D. in English from Yale University, and is an Author & Educator. As a "protired" university English professor, dean, and academic vice president, Ren has had a second career as a non-profit fundraiser, strategic planning and marketing consultant, and a third career as an author, tutor, and professional editor. Ren is married to the founder of Right Use Of Power™, Dr. Cedar Barstow. Ren is an Advanced Right Use of Power™ Teacher, a member of the Guild, co-author of Living in the Power Zone (2013), and part of the Be PowerPositive (BePoP) team.

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*Stakeholders (continued)*

*As Board Secretary, Ren has two goals: 1) to help the Institute continue beyond Dr. Barstow's active career and 2) to expand its impact upon society. Ren believes that if ever there were a time for better uses of personal, professional, status, and collective power, that time is now.*

*Ren is also a linguist who has studied 12 languages. As a Jewish ethnic, Sufi practitioner and active Episcopalian, Ren is a strong advocate for inter-religious cooperation and understanding.*

**Dr. Sherri Taylor :**

*Sherri Taylor, Psy.D. (she/they/femme) is a contemplative, teacher, end of life doula, consultant, and facilitator. She completed her undergraduate education in Feminist Studies at Stanford University and earned her master's and doctoral degrees in Clinical Psychology from the Wright Institute in Berkeley, California. Her scholarship and research interests include contemplative leadership, dreamwork, the intergenerational transmission of benevolence and resilience, and the somatics of belonging and unbelonging.*

*She is also the guardian of the soulstudiolab and Black Womxn's Dream Lab. The soulstudiolab offers relevant and meaningful group trainings, playshops, and workshops for community and professional audiences that integrate innovative approaches and practices from the contemplative traditions, expressive arts, and psychology, with a special focus on the psycho-spiritual importance of creativity and embodiment*

*to inspire personal growth, interpersonal understanding, and social justice.*

**Jamelah Zidan :**

*Jamelah Zidan is the Restorative Community Coordinator at Naropa University. She was born in New York City to Palestinian parents. She earned her B.A. in Political Economics from Sarah Lawrence College, where she was the recipient of the Scholarship for the Environment. She then pursued her M.S. in Education from Sarah Lawrence, where she was the recipient of the Regina Arnold Memorial Scholarship. For several years, Jamelah worked as a teacher in New York City. Desiring to work in a more spiritual atmosphere and impact the quality of people's lives, she later changed careers, taking up a position as Assistant Director at the Abode, a Sufi and Interfaith retreat center in the Berkshires.*

*She moved to Colorado in 2020 to be with her husband, Netanel Miles-Yepetz, and is now happy to be working with the compassionate and skilled staff, students, and faculty of Naropa. She's currently a fellow in the Emerging Leaders Fellowship, from (<https://muslimjewishsolidarity.org/fellowship/>) and volunteering in the Restorative Justice program of the Boulder County DA's office.*

**GetResponse :**

*Sponsor*

## Vision

Power used wisely and well

## Mission

To further the reach of the Right Use of Power

## Values

**Ethics:**

Conscious Ethics.

**Consciousness****Power:**

Power with Heart. ~ The Right Use of Power™ approach is a dynamic, inspiring, and relational approach to the ethical use of professional and personal power to promote well-being and the common good.

**Awareness****Wisdom****Compassion****Skill**

## Training

*Offer training on the appropriate uses of personal power*

### Stakeholder(s)

**RUPI Core Faculty**

**Sherril Taylor :**

**Dr. Susan Skjei**

**Magi Cooper**

**Maya Shaw Gale**

**Rabbi Charna Rosenholtz**

**Dr. Cedar Barstow**

**Dr. Amanda Aguilera**

### 1. Access

*Provide online access*

Online Access Anywhere ~ Enjoy our training programs in the comfort of your own home.

### 2. Courses

*Offer live and online courses with experiential, somatic-based learning*

Innovative Courses ~ We offer live and online courses with experiential, somatic-based learning to engage you on many levels and in many learning styles.

### 3. Goals

*Ensure delivery of the desired results*

Goal-Oriented Teaching ~ Our training programs are goal-oriented to ensure that you get the results you want.

### 4. Teachers

*Provide access to teachers and coaches from all over the world*

Experienced Teachers ~ Our online platform houses teachers and coaches from all over the world.

## Administrative Information

**Start Date:**

**End Date:**

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### Submitter:

**Given Name:** Owen

**Surname:** Ambur

**Email:** [Owen.Ambur@verizon.net](mailto:Owen.Ambur@verizon.net)

**Phone:**

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[www.turnkey.com.au](http://www.turnkey.com.au)